



# HEART OF GOLD

# GRAFFORD

Choreographed by: Maria Grafford (Swe) Nov 2010  
2 wall 48 counts Beginner waltz

Choreographed to: Heart of an angel - Modern talking (156 bpm)  
music suggestions: works great on almost any medium or fast waltz music

## **Forward, touch, hold. Back, touch hold**

1-3 Step forward on left, touch right beside left, hold

4-6 Step back on right, touch left beside right, hold, 1/4 turn left, point, hold, cross, point, hold

7-9 Make a 1/4 turn left and step forward on left, point right to right side, hold

10-12 Cross right over left, point left to side, hold

## **Cross back, point, hold. Cross back, point, hold**

13-15 Cross left behind right, point right to side, hold

16-18 Cross right behind left, point left to side, hold

## **Cross, sweep, sweep. Cross, sweep, sweep**

19-21 Cross left over right, sweep right around to the front on 2 counts

22-24 Cross right over left, Sweep left around to the front on 2 counts

## **Cross, turn 1/4 step back, hold. Step, slide, touch**

25-27 Cross left over right, make a 1/4 turn left stepping back on right, hold

28-30 Step long step to left, drag right towards left, touch right next to left

## **Whole rumba box, right, back, left, forward**

31-33 Step right to right side, step left next to right, hold (Weight on left)

34-36 Step right back, drag left towards right, hitch left knee

37-39 Step left to left side, drag right towards left, hitch right knee

40-42 Step forward on right, drag left towards right, hitch left knee

## **Step, slide, touch. Step, slide, touch**

43-45 Step long step to left, drag right towards left, touch right next to left

46-48 Step long step to right, drag left towards right, touch left next to right

## **Repeat**

## **Tag**

Danced at end of Walls 2 and 6 (both times facing front wall)

Only to the music Heart of an angel - Modern Talkin

1-3 Cross left over right, point right to right side, hold

4-6 Cross right behind left, point left to left side, hold

**Have fun!**