

Lightning Polka

Choreographed by Peter Metelnick

Description: 32 count, 4 wall line dance

Music: *Sin Wagon* by Dixie Chicks

I Want You To Want Me by Jim Witter

Little Bird by Sherrié Austin

Ghost Riders In The Sky by Ned Sublette

RIGHT SIDE ROCK & RECOVER, RIGHT BEHIND, LEFT TO LEFT SIDE, RIGHT CROSS OVER, LEFT SIDE ROCK & RECOVER, LEFT SAILOR STEP

1-2Rock step right foot to right side, recover weight on left foot
3&4Cross step right foot behind left, step left foot to left side, cross
step right foot over left
5-6Rock step left foot to left side, recover weight on right foot
7&8Step left foot behind right, step right foot slightly to the right, step
left foot forward

RIGHT FORWARD SHUFFLE, LEFT FORWARD, ½ RIGHT PIVOT TURN, LEFT, RIGHT, LEFT HEEL SWITCHES, LEFT CROSS OVER TOE TOUCH

1&2Step right foot forward, step left foot together, step right foot
forward
3-4Step left foot forward, pivot ½ right
5&6Touch left heel forward, step left foot beside right, touch right
heel forward
&Step right foot beside left
7-8Touch left heel forward, cross touch left toe over right foot

LEFT FORWARD SHUFFLE, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT & LEFT HEEL SWITCHES, RIGHT STOMP, ¼ RIGHT & KICK

1&2Step left foot forward, step right foot together, step left foot
forward
3-4Step right foot forward, pivot ½ left
5&6Touch right heel forward, step right foot beside left, touch left
heel forward
&Step left foot beside right
7Stomp right foot together keeping weight on left foot
8Turn ¼ right on left foot and kick right foot forward

RIGHT BACK COASTER STEP, LEFT FORWARD SHUFFLE, RIGHT FORWARD, ½ LEFT PIVOT TURN FORWARD 2 (OR SPIN)

1&2Step right foot back, step left foot together, step right foot forward
3&4Step left foot forward, step right foot together, step left foot
forward
5-6Step right foot forward, pivot ½ left
7-8Step right foot forward, step left foot forward
Alternate steps:
7Step right foot forward turning ½ left
8Step left foot back turning ½ left completing a full spin turning left &
traveling forward

REPEAT